

Palliative Performance Scale (PPS)

PPS	Ambulation	Activity and Evidence of Disease	Self-Care	Intake	Conscious Level
100%	Full	Normally activity and work No evidence of disease	Full	Normal	Full
90%	Full	Normally activity and work Some evidence of disease	Full	Normal	Full
80%	Full	Normally activity with effort Some evidence of disease	Full	Normal or reduced	Full
70%	Reduced	Unable to do norm job/work Significant disease	Full	Normal or reduced	Full
60%	Reduced	Unable to hobby/housework Significant disease	Occasional assistance necessary	Normal or reduced	Full or confusion
50%	Mainly sit/lie	Unable to do any work Extensive disease	Considerable assistance required	Normal or reduced	Full or confusion
40%	Mainly in bed	Unable to do most activity Extensive disease	Mainly needs assistance	Normal or reduced	Full or drowsy +/- confusion
30%	Totally bed bound	Unable to do any activity Extensive disease	Total care	Normal or reduced	Full or drowsy +/- confusion
20%	Totally bed bound	Unable to do any activity Extensive disease	Total care	Minimal to sips	Full or drowsy +/- confusion
10%	Totally bed bound	Unable to do any activity Extensive disease	Total care	Mouth care only	Drowsy or coma +/- confusion
0	Death	x	x	x	x

*This scale is a modification of the Karnofsky Performance Scale. It takes into account ambulation, activity, self care, intake and conscious level.